Written by Shadi Rahimi
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FRIDAY AUGUST 6TH – FAST all day* and Rally

11:30am - 1pm

State Building in San Francisco

Bring your music, drums, and poetry or words to share!
**** People will be fasting in front of the State Building from 10am- 4pm.***

"Because so many are starving for FREEDOM" (from the call by family members of prisoners)

Fast 4 Freedom is a **STATEWIDE** day of fasting and solidarity actions on Friday, August 6th initiated by family members and loved ones of prisoners locked up across California.

The Bay Area CURB Alliance will be organizing a rally on **August 6th from 11:30am- 1pm at the State Building in San Francisco - 350 McAllister St (at Polk) -** where Mark Leno, Senate Public Safety Committee, Tom Ammiano, Assembly Public Safety Committee and Fiona Ma, Assemblywoman from San Francisco, all have their local offices.

Are you going to be fasting? Let us know so we can get an accurate count of fasters! Drop us a line at lisa@criticalresistance.org .

We will be spreading awareness about the many extreme injustices currently faced by prisoners, their families and their communities. Our demands include:

End Three Strikes
Reduce the Prison Population NOW
Release Prisoners Eligible for Parole
Release Sick, Aged and Terminally Ill prisoners
Family Visits for All Prisoners
End the Death Penalty

Education Not Incarceration
Stop All New Prison Construction including New "Mental Health" Cages being built in Chino and Vacaville
Justice for Oscar Grant and all targets of racist police brutality

JOIN US ON TO FIGHT FOR FREEDOM AND JUSTICE ON THIS IMPORTANT DATE!

August 6th is also the 65th anniversary of the U.S. bombing of Hiroshima and events marking this horrendous date will be occurring around the Bay Area.

CURB ALLIANCE (Member organizations include Critical Resistance, All of Us Or None, Families to Amend California's Three Strikes, California Coalition for Women Prisoners, Youth Justice Coalition, Legal Services for Prisoners with Children, American Friends Service Committee and many more....)